

Morgan Eaton

Licensed Clinical Mental Health Counselor • morgan.scherschel@gmail.com • 435-339-0304



Dear student and family!

Welcome to Mountain Springs Preparatory Academy, and congratulations on taking this next step in your journey. I know it likely hasn't been easy to get here—there have probably been more challenges and unexpected turns than you ever imagined. I'm grateful you're considering me as your therapist during this important transition, and I want to introduce myself in hopes of helping you feel more confident and supported as you move forward.

Since 2019, I've had the privilege of working with teens, young adults, and families in various therapeutic settings. My approach is rooted in one core belief: **everyone deserves the chance to reclaim choice in their life**. I work collaboratively with my clients to create a space that's both safe and honest—where we can nurture growth while also challenging ourselves to dig deeper, think differently, and strive for real, meaningful change.

Teens often bring an honesty and directness into the therapy room that I deeply respect. In return, I meet them with a style that is direct in an inquisitive and compassionate way. My goal is to build a relationship where we can be real with each other—and with ourselves. As that relationship deepens, so does the capacity for transformation.

I also bring my full personality into the therapeutic space. Whether it's my love for anime, gymnastics, video games, hiking, or the lessons I've learned through playing competitive sports, I value the things that make each of us unique—and I encourage my clients to embrace what makes them come alive. Especially if those things are a little unconventional. Therapy doesn't have to look one way, and growth can happen in many forms.

I know that for parents, sending a child to a program like Mountain Springs comes with a mixture of hope, fear, sadness, and relief. You've already made many hard decisions to get here. One of my primary roles will be to support both you and your student as you prepare for the next phase of life—one where reconnection, reintegration, and resilience are possible.

Thank you for taking the time to learn more about me. I'm honored to potentially walk alongside you during this part of your journey and would be happy to answer any questions or talk further about how I can support your family.

With gratitude,

Morgan Eaton

Morgan S. Eaton, LCMHC

(435) 339-0304 • morgan.scherschel@gmail.com

EDUCATION

Masters in Mental Health Counseling & Specialist in Counselor Education - May 2019
University of Florida Graduate School - Gainesville, Florida

CERTIFICATIONS

- Dialectical Behavioral Therapy (DBT)
- Brainspotting level 1

SKILLS

- Play Therapy • Relational Therapies • Internal Family Systems
- Attachment-Focused Therapy • Cognitive-Behavioral Therapy
- Experiential Therapies • Body Image/Body Neutrality • Equine Therapy

CLINICAL COUNSELING EXPERIENCE

Roots Counseling • Cedar City, Utah

October 2025 - Present

- Formulate customized treatment for a variety of clients in an outpatient setting.
- Utilize an eclectic and creative approach that matches the strengths and needs of the individuals.
- Assess and provide crisis treatment recommendations and local resources.

RedCliff Ascent / Three Peaks Ascent • Cedar City, Utah

August 2025 - Present

- Formulate customized treatment & individual, family, & group therapy for teens ages 13-18 & their families.
- Assist in safety and crisis assessment in nomadic wilderness and wilderness-based RTC levels of care.
- Collaborate with field staff, medical, & robust clinical team to create an integrated, treatment-team approach.

Discovery Ranch South • Cedar City, Utah

February 2020 - August 2025

- Formulated customized treatment & individual, family, & group therapy for girls ages 13-18 & their families.
- Provided for residents' safety through crisis intervention services & suicidality assessments when necessary.
- Collaborated with equine directors, outdoor recreation, & performing arts to create integrated treatment.

Hillsborough County Public Schools & Hospital Homebound • Tampa, Florida

August 2018 – May 2019

- Counseled students ages 6 – 18 through individual, group, crisis, & family sessions.
- Treated symptoms related to abuse, neglect, bullying, domestic & neighborhood violence, loss, & trauma.
- Collaborated with administrators, juvenile justice officers, & counselors across multiple neighborhood schools.

Alachua County Crisis Center • Gainesville, Florida

September 2011 – May 2014

- Served over 250 volunteer hours as a Crisis Phone Counselor & Trainer providing crisis & suicide counseling.
- Trained incoming volunteers as an In-House-Trainer by coaching intervention skills & orienting trainees.
- Assisted in the training of law enforcement officers in the Crisis Intervention Team (CIT) program.

RELATED EXPERIENCE

Graduate Hall Director • University of Florida Housing • Gainesville, Florida

August 2013 – May 2015

- Supervised team of resident assistants to manage residence halls on university campus.
- Provided on-call crisis intervention for the campus community.
- Mediated resident conflicts & resolved conduct violation cases with an educational approach.

Gymnastics Instructor • Temple Terrace & LaFleurs Gymnastics • Tampa, Florida

May 2017-February 2020

- Coached young athletes ages 1-17 in gymnastics, swimming, & related calisthenic skills.
- Promoted a supportive, cooperative, & enthusiastic team atmosphere.

Research Assistant • University of Florida • Gainesville, Florida

August 2011- April 2013

- Assisted in lab projects by delivering studies, entering data, & analyzing articles.
- Participated in weekly meetings under Dr. Kenneth Rice studying perfectionism & stress.

Volunteer Service

May 2008 – Present

- Assist & lead community events such as Princess Millie Foundation, Reading Buddies, Shands Pediatric Walk-Through, Gator Tracks, Climb for Cancer, NEDA walks, Goodwill Gators, & branch libraries.

About me:

I enjoy activities such as hiking the mountains of Southern Utah, anime, mindfulness, cosplay, volleyball, international travel, & other team sports with my husband & loved ones.

