

BRAND BONSALE, CMHC, MA

480-492-1292

BrandBonsale@gmail.com



Dear Parents and Students,

With seven years experience working in wilderness therapy Brand is a Believer in the power of the outdoors. In his private practice you can often find him and his clients walking local parks, playing basketball, playing catch, and utilizing the healing power of nature.

Brand works well with students who struggle with healthy attachment, have experienced an attachment wound, and adopted students. He is also passionate about working with BIPOC students. Identity formation is an important aspect of working with these populations and Brand helps his clients to understand that there are many ways to live an integrated and healthy life.

Brand utilizes a strengths-based, mindful, and attachment focused approach in working with clients. Brand finds joy in discovering new people, new stories, and new adventures. He plays as hard as he works and many of the students, he works with begin to discover that fun, play, and work are not exclusive!

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Professional Therapy Experience

Monuments Academy

Parowan, UT

October 2022 - Present

Primary Therapist

- Implement treatment plans and provide weekly individual therapy for clients
- Facilitate group therapy
- Teach, inform, and coach parents weekly in ways to improve their relationship with themselves and their children

Evoke Therapy Programs

Santa Clara, UT

May 2015 - August 2022

Primary Therapist

January 2018 – August 2022

- Implement treatment plans and provide weekly individual therapy for clients
- Facilitate group therapy
- Teach, inform, and coach parents weekly in ways to improve their relationship with themselves and their children
- Educate staff to implement weekly treatment plans and assignments
- Present clinically at staff in-service
- Inform and consult with educational consultants, after-care programs, and therapists
- Interpret psychological and cognitive testing

Clinical Assistant

May 2017 – February 2018

- Assisted therapists to implement treatment plans and provide weekly therapy
- Provided weekly phone updates to parents and educational consultants
- Educated staff during weekly clinical meetings

Field Instructor

May 2015 – August 2016

- Worked in the field with adolescent and young adult clients

- Partnered with therapists as a treatment team to create and implement treatment plans and goals
- Role-modeled healthy expression of emotion and appropriate behavior
- Facilitated group therapy and team-building activities
- Managed the risk of the wilderness and oversaw client safety while backpacking
- Taught backpacking skills, low-impact camping ethics, and mindfulness practices

Conference Presentations

Regional Wilderness Therapy Symposium	Asheville, NC	April 2019
<i>Solution Focused Questions Applied to Wilderness Treatment</i>		
Regional Wilderness Therapy Symposium	Asheville, NC	April 2022
<i>The DSM, Diagnosis, and Psychological Testing... Burn the Results</i>		

Conferences and Trainings

Wilderness Therapy Symposium – 2017, 2019, 2021

Evoke FITS – 2018

IECA November – 2018

NATSAP – 2019

Regional Wilderness Therapy Symposium – 2019 - 2022

Attach – 2019

Onsite Living Centered Program – 2020

Education

Northern Arizona University	Phoenix, AZ	December 2017
Masters of Arts, Clinical Mental Health Counseling		
Graduated with Honors		

University of Nebraska Kearney	Kearney, NE	May 2001
Bachelor of Science, Business Organizational Communication		