

Sidney Dang, Psy.D.

66 W Harding Ave C3
Cedar City, Utah 84720
(805) 743-3264

sidney.dang@integratedp.com

EDUCATION

- Aug. 2009-Sept. 2014: **The Chicago School of Professional Psychology**, Chicago, IL
Clinical Psy.D. - Child & Adolescent Track
Doctor of Psychology (Psy.D.) in Clinical Psychology, GPA 3.70/4.0
- Aug. 2009-May 2011: **The Chicago School of Professional Psychology**, Chicago, IL
Clinical Psy.D. - Child & Adolescent Track
Masters of Arts in Clinical Psychology, GPA 3.72/4.0
- Aug. 2005-May 2009: **University of Illinois at Chicago**, Chicago, IL
Bachelor of Arts in Applied Psychology, GPA 3.21/4.0

PROFESSIONAL EXPERIENCE

LICENSED CLINICAL PSYCHOLOGIST

February 2020-Present

Integrated Psych, LLC

St. George, UT

- Conducting psychological evaluations and feedback sessions to help families gain more clarity in diagnosis and recommendations specific to their circumstances.
- Providing individual and family therapy for adolescents, adults, and their families.
- Utilizing a culturally-responsive approach while conducting psychological evaluations and therapy.

CLINICAL DIRECTOR

February 2021-Dec. 2022

Northpointe Recovery

St. George, UT

- Manage all members of clinical staff, including hiring and evaluating job performance.
- Program development and collaboration with executive staff members.

CLINICIAN

June 2015-Nov. 2019

Discovery Ranch For Girls

Cedar City, UT

- Providing individual, group, and family therapy for adolescents girls and their families identified with diagnoses related, but not limited to, trauma, mood, anxiety, suicidal behavior, substance abuse, addictive behaviors, and borderline traits, as well as collaborate with the interdisciplinary treatment team in a residential treatment setting.
- Developing the Addictive Behaviors Program utilizing a evidence-based model (Seeking Safety) and 12 Step education to address how substance abuse and addictive behaviors can co-occur with trauma and impact one's experience.
- Cultivating the Dialectical Behavior Therapy (DBT) program alongside fellow clinicians to adhere to tenets and principles of DBT, while integrating into a residential treatment setting
- Providing clinical supervision to the advanced substance abuse counselor.
- Training residential and academic staff re: topics including, but not limited to, trauma informed strategies, DBT, adolescent development.
- Assisting in marketing and research presentations, on and off site, to promote clinical work at DRG.

INTERIM CLINICAL DIRECTOR

August 2018-October 2018

Discovery Ranch For Girls

Cedar City, UT

- Administering temporary training and support for the clinical staff (9 therapists) in therapeutic process and personal development until the Clinical Director position is filled.

- Collaborating with the Executive Director (Andrea Burgess) to continue to maintain a positive culture and engaging work environment following principle-centered company systems.
- Providing successful leadership and management of DRG's clinical team according to the strategic direction and goals set by the Executive Director.
- Assisting with finding, selecting, developing, and retaining clinicians.
- Providing individual, group, and family therapy for a full caseload (6 families)

PSYCHOLOGICAL ASSISTANT
Albert Knapp & Associates

Jan. 2015-June 2015
Redondo Beach, CA

- Providing school and home-based applied behavior analysis services (ABA) for children and families identified with diagnoses related to autism spectrum and disruptive behavior disorders.

PRE-DOCTORAL PSYCHOLOGY INTERN
Providence/Saint John's Child & Family Development Center
(APA Accredited)

Sept. 2013-August 2014
Santa Monica, CA

- Provided individual, group, and family therapy for children, adolescents, and families (in outpatient, school, and home settings), identified with diagnoses related, but not limited to, trauma, mood, anxiety, suicidal behavior, substance abuse, pervasive developmental disorders, and disruptive behavior disorders, as well as collaborate with the multidisciplinary treatment team in community mental health and school settings. Received training in and utilizing evidence-based practices including Trauma Focused Cognitive Behavioral Therapy (TF-CBT), Managing Adaptive Practices (MAP), Interpersonal Psychotherapy (IPT), Crisis Oriented Recovery Services (CORS), and Seeking Safety for youth and families.
- Administered psychological assessments in an outpatient setting, as well as analyzed and interpreted data to provide clinical reports, practical recommendations, and feedback for children, adolescents, and their families. Provided feedback to the client and family is given in a therapeutic and collaborative approach.
- Received comprehensive training in completing the Los Angeles County Department of Mental Health (DMH) paperwork, as well as electronic billing through Welligent Electronic Health Records.

ADVANCED THERAPY EXTERN
Hartgrove Hospital - Inpatient & Partial Hospitalization Program

July 2012-May 2013
Chicago, IL

- Provided individual and family therapy from a humanistic-existential perspective for children, adolescents, and families, identified with diagnoses related, but not limited to, trauma, mood, anxiety, suicidal behavior, psychosis, substance abuse, pervasive developmental disorders, and disruptive behavior disorders, as well as collaborate with the multidisciplinary treatment team in order to help individuals gradually transition from an inpatient setting to the home environment.
- Co-facilitated process groups based on Yalom's theory and practice of group psychotherapy, as well as psychoeducational groups focused on building social, emotional, and cognitive skills for adolescents struggling with sexual acting out behaviors and identified with diagnoses related, but not limited to, mood, anxiety, trauma, and disruptive behavior disorders.

THERAPY EXTERN
Gateway Foundation Alcohol & Drug Treatment

July. 2011-July 2012
Chicago, IL

- Provided individual therapy from an existential-humanistic perspective for adolescent males struggling with substance abuse and identified with diagnoses related, but not limited to, mood, anxiety, trauma, and disruptive behavior disorders.
- Co-facilitated group therapy from an existential-humanistic perspective focused on building social, emotional, and cognitive skills for adolescent males struggling with substance abuse and identified with diagnoses related, but not limited to, mood, anxiety, trauma, and disruptive behavior disorders.

OFFICE & BILLING MANAGER
Center for Personal Development

July 2009-October 2011
Chicago, IL

- Managed the billing for insurance and self-pay clients for the private psychotherapy practice.

- Created a testing manual to assist test examiners in administration.
- Received and organized referrals and vouchers from social service agencies.
- Submitted the necessary reports to the Illinois Department of Children and Family Services (DCFS) and the Illinois Department of Rehabilitative Services

DIAGNOSTIC EXTERN

July. 2010-August 2011

United Stand Family Counseling

Chicago, IL

- Administered psychological and psychoeducational assessments to children and adolescents in a testing center, elementary school, and high school settings.
- Analyzed and interpreted data from the assessments to provide clinical reports and practical recommendations for the client, their family, and their teachers.
- Provided the individual, as well as their family and teachers, feedback in order to explain test results and recommendations.

PROGRAM FACILITATOR - STRONGUYS

Feb. 2009-Nov. 2010

Francis Xavier Warde Catholic School

Chicago, IL

- Co-facilitated group for sixth grade boys to explore expectations of being a male and to help build skills related to emotional expression.
- Led a small group aimed at discussing thoughts and feelings about expectations of boyhood and provided education on healthy social interactions.

FACULTY ASSISTANT

Oct. 2009-July 2010

The Chicago School of Professional Psychology

Chicago, IL

- Assisted Dr. Braden Berkey create the policies and procedures for the Sexual Orientation and Gender Identity Institute's research committee at the Center on Halsted.
- Researched ethical issues in regards to online therapy.

VOLUNTEER CASE MANAGEMENT

Feb. 2010-May 2010

Mental Health of America-Illinois

Chicago, IL

- Assisted in the case management for students of Cameron Elementary School through Mental Health of America-Illinois's TeenScreen program, Chicago, IL.
- Contacted parents of students who screen positive for depression to discuss referrals and other options to improve the students' well being.

HOTLINE PARAPROFESSIONAL VOLUNTEER

Sept. 2007-March 2010

University of Illinois at Chicago - InTouch Crisis Hotline

Chicago, IL

- Trained to handle callers with thoughts of suicidality, homicidality, and other difficult situations.
- Mentor new liners to develop basic listening skills to manage crisis situations.
- Helped supervise the line on nights where the supervisor is unable to attend.
- Promoted the hotline to the community as an outreach group member.
- Helped raise over \$2,000 as the captain of UIC's InTouch Crisis Hotline team for the American Foundation for Suicide Prevention's Out of the Darkness Overnight Walk, June 2009, Chicago, IL

VOLUNTEER SCREENER

Oct. 2009-Jan. 2010

Mental Health of America-Illinois

Chicago, IL

- Received training for the HANDS Screen for Depression, Mood Disorder Questionnaire for Bipolar Disorder, Carroll-Davidson Generalized Anxiety Disorder Screen, and SPRING-4 Screen for PTSD
- Administered depression screenings to the public on National Depression Screening Day at the Merchandise Mart and to students at Depaul University's health fair.

ASSISTANT TEACHER

Dec. 2008-Aug. 2009

Tuesday's Child

Chicago, IL

- Fostered growth and development through attending to children's gross and fine motor skills while creating a safe environment.
- Focused one-on-one interaction with children with autism and behavioral problems.

- Assist children in learning social interaction skills and coping mechanisms
- Led children through unfamiliar environments on field trips during the summer camp program.

INTERN

***Aug. 2008-Dec. 2008
Chicago, IL***

Tuesday's Child

- Trained in Applied Behavior Analysis techniques.
- Managed activity stations.
- Observed social behavior and interaction between children and their peers.

STUDENT SERVICES WORKER

***Aug. 2007-May. 2009
Chicago, IL***

University of Illinois at Chicago

- Contributed to outreach to promote available on-campus services and events to students (e.g., financial, mental health, volunteer, events calendar, etc...)
- Provide assistance to student service managers.

RESEARCH EXPERIENCE

RESEARCH ASSISTANT

***Oct. 2009-August 2013
Chicago, IL***

The Chicago School of Professional Psychology

- Developed questionnaires with Dr. Robert Foltz to examine the subjective experience of treatment needs in adolescents in a residential treatment center setting.
- Created a literature review on the subjective experience of treatment needs in patients.
- Prepare documents for Institutional Review Board and DCFS approval.
- Administer questionnaires and interview adolescents on topics related to their subjective experience of their treatment in a residential treatment setting.
- Utilized SPSS to record and analyze research data.

RESEARCH ASSISTANT

***Jan. 2009-May 2009
Chicago, IL***

Institute for Juvenile Research at UIC

- Created summaries of articles to support the pediatric ADHD research behind the Camp STAR program.
- Organized and gathered training manuals and procedures for supervisors and counselors involved in the Camp STAR program.

PUBLISHED WORKS

Dang, S., Vigon, D., & Abdul-Adil, J. (2014). Exploring the Healing Powers of Hip-Hop: Increasing Therapeutic Efficacy, Utilizing the Hip-Hop Culture as an Alternative Platform for Expression & Connection. In B. Porfilio, D. Roychoudhury, & L. M. Gardner (Eds.), *See You at the Crossroads: Hip Hop Scholarship at the Intersections. Dialectical Harmony, Ethics, Aesthetics, and Panoply of Voices*. (pp. 169-180). Rotterdam: Sense Publishers.

Foltz, R., Dang, S., Daniels, B., Doyle, H., McFee, S., & Quisenberry, C. (2013). When diagnostic labels mask trauma. *Reclaiming Children and Youth*, 22(2), 12-17.

PRESENTATIONS

Presenter for *A Holistic Approach to Addiction Treatment*. Presented for the Cedar City Mental Health Group, Cedar City, Utah, August 17, 2021.

Presenter for *The importance of culturally responsive practices: Hip-hop therapy as a case example*. Presented for the Cedar City Mental Health Group, Cedar City, Utah, January 19, 2021.

Presenter for *The impact of white supremacy and privilege on clinicians and how it impacts our clients*. Presented for the Cedar City Mental Health Group, Cedar City, Utah, July 21, 2020.

Presenter for *What's your story? Examining the impact of narratives on adolescents and families in therapy* with Amanda Mosse, MSW. Presented at the 2017 Association for Experiential Education International Conference, Montreal, Quebec, November 2017.

Presenter for *Where's your office today? Utilizing experiential and narrative therapies in existing programs* with Amanda Mosse, MSW. Presented at the 2017 Southwest Regional NATSAP Conference, St. George, UT, March 2017.

Presenter for *Bring the Noise: Clinical Uses of Rap Music to Foster the Therapeutic Alliance, Critical Thinking, and Collaboration*. Presented at the 2016 Southwest Regional NATSAP Conference, St. George, UT, April 2016.

Presenter for *The impact of the therapeutic alliance on outcomes and engagement with adolescent girls and their families in a residential treatment setting* with Scott Huff, Ph.D. and Brian Daniels, M.S., Psy.D. Presented at the Ninth Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association – “Humanistic (R)evolution 2.0: Re-Visioning Human Potential, Education & Healthcare,” San Francisco, CA, March 2016.

Presenter for *Knowing that you're not alone: Finding support through peer consultation in the 21st Century* with Brian Daniels, M.S., Psy.D., Shyma El-Sayed, Psy.D., Ashley Molin, Psy.D., and Yonatan Rosenblum, Psy.D. Presented at the Ninth Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association – “Humanistic (R)evolution 2.0: Re-Visioning Human Potential, Education & Healthcare,” San Francisco, CA, March 2016.

Presenter for *The Internship Process* with Trisha Nash, Ph.D., Lee Vance, M.A., DeAnna Waugh, M.S., Erica Shiller Freeman, M.A., Kelsey Clews, and Krisanna Sharon. Presented at the Seventh Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association – “Human Dignity & Humanistic Values,” Palo Alto, CA, March 2014.

Presenter for *Cultural Trajectories for Severely Troubled Youth In Residential Care* with Robert Foltz, Psy.D. & Brian Daniels, M.S., M.A. Presented at the Sixth Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association – “Community in Difference: Cultivating a Home for Love and Justice in an Indifferent World,” Santa Barbara, CA, April 2013.

Contributor for *Humanistic Psychology Research Projects* with Krisanna Sharon & Kevin Sprenkle. Presented at the Sixth Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association – “Community in Difference: Cultivating a Home for Love and Justice in an Indifferent World” – Poster Presentation, Santa Barbara, CA, April 2013.

Presenter for *HIP HOP PSYCHOLOGY: Creative Maladjustment & Hip Hop Discourse for Human Development* with Lauren Gardner. Presented at the One Mic, One Movement 2 Conference. Fordham University, New York, NY, April 2013.

Presenter for *Program Development Utilizing Rap Music as a Therapeutic Intervention to Help Empower Urban Youth to Explore Issues Related to Grief and Loss of a Family Member*. Presented at the Fifth Annual Conference of the Society for Humanistic Psychology, Division 32 of the American Psychological Association: “Person, Consciousness, and Community” – Poster Presentation, Point Park University, Pittsburgh, PA, March 2012.

Presenter for *Empowering Urban Youth to Explore Loss and Grief Using Rap Music in Therapy*. Presented at the 2012 Cultural Impact Conference – Poster Presentation, The Chicago School of

Professional Psychology, Chicago, IL, January 2012.

Presenter for *Understanding the Adolescent Subjective Experience of Treatment in Residential Care* with Brian Daniels, M.S., M.A., Hillary Doyle, & Scott McFee. Presented at the 2011 Child & Adolescent Conference: Connection & Contribution, The Chicago School of Professional Psychology, Chicago, IL, September 2011.

Presenter for *Adolescent Subjective Experience of Treatment Study—A Survey of Adolescents Receiving Multidisciplinary, Residential Care* with Robert Foltz, Psy.D. & Brian Daniels, M.S., M.A. Presented at the 2011 American Psychological Association (APA) Annual Convention, Washington D.C., August 2011.

Presenter for *The Teen's Perspective of the Residential Treatment Experience* with Robert Foltz, Psy.D. & Brian Daniels, M.S., M.A. Presented at the 18th Annual Reclaiming Youth Conference, Rapid City, SD, June 2011.

Presenter for *The Subjective Report of Treatment Needs for Adolescents in Residential Treatment Settings*. Presented at the 2010 Child & Adolescent Conference – Poster Presentation, The Chicago School of Professional Psychology, Chicago, IL, November 2010

Presenter for *Becoming a leader through volunteerism: Connecting to the university community and finding mentors for developing your leadership skills*. Presented at the Student Leadership Conference, UIC, Chicago, IL, November 2009

CERTIFICATIONS

Managing Adaptive Practices (MAP) – Evidence-Based Practices Certification Training, 2014.
Crisis Oriented Recovery Services (CORS) – Evidence-Based Practices Certification Training, 2014.
Dialectical Behavioral (DBT) Therapy Foundational Training by Behavioral Tech/The Linehan Institute – Evidence-Based Practices Certification Training, 2016.

REFERENCES

Jack Hinman, Psy.D.
Licensed Clinical Psychologist
Founder and Executive Director of Engage Young Adult Transitions
jack@engagelifenow.com
(435) 703-1189

Brian Daniels, Psy.D., M.S.
Clinical Director – New Vision Wilderness Therapy
(866) 934-4264

Ashley Molin, Psy.D.
Licensed Clinical Psychologist
Adjunct Professor at The Chicago School of Professional Psychology
Associate Director of Behavioral Health at Center on Halsted
amol@centeronhalsted.org
(919) 395-4300

Shyma El-Sayed, Psy.D.
Licensed Clinical Psychologist
drshyma@alkemepsych.com
(916) 905-2107