

John C. Buckner

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EDUCATION:

Master of Arts, University of Louisiana at Monroe, Louisiana, Aug 2009. Major: Marriage and Family Therapy/ Professional Counseling, accredited by both COAMFTE and CACREP.

Bachelor of Science, *Magna cum laude*, Southern Utah University, Cedar City, Utah, May 2007. Major: Psychology; Minor: Communication.

WORK EXPERIENCE:

Therapist in private practice, Cedar City, UT, May 2016 to Current. I provide therapy for the Cedar City Community. I specialize in trauma, anxiety, and depression. I do the Marketing, treatment, bookkeeping, custodial work, and whatever needs to be done to help bring health, peace, strength in the lives of my clients.

Wilderness Therapist at RedCliff Ascent, Enterprise, UT, June 2019 to Current. I teach parenting skills and conduct staff trainings. I conduct individual therapy, EMDR sessions, and group therapy. Communicate weekly with client's progress to family members.

Lead Advisor at Mountain Springs Preparatory Academy, Cedar City, UT, April 2013 to current. I help adolescence and their families, who are in transitional care (i.e. transitioning from an inpatient facility), collaborate with other therapists on student's treatment, weekly parent coaching calls, create and implement school policy, Help run character development classes, inform parents of progress/setbacks on treatment plans, integrate students into community activities, I do conflict resolutions & crisis interventions. I do parent trainings, webinars, & staff trainings on effective intervention with students, & I train other advisors.

Primary Therapist at Moonridge Academy, Cedar City, UT, Feb 2011 to April 2013. Assisted young adolescent girls and their families in residential care with on various of diagnosis and disorders (i.e. mood disorders, eating disorders, RAD, borderline personality, ADHD, ODD, Autism spectrum disorders, etc.). Worked with the clinically complex populations. Conducted group, individual, recreational, and family therapy. Engaged in high adventure activities for rec therapy with students. Helped with tours, marketing, educational consultants, & TX meetings.

Primary Therapist at Abundant Life Academy, Kanab, UT, Aug 2010 to Feb 2011. Worked directly with staff & students as a milieu therapist to help run the Positive Peer Culture. Conducted individual, group, and family therapy on various topics (i.e. stress, anger, relationship issues, substance abuse, family therapy, etc.). Conducted clinical meetings with other departments in the academy.

Therapist and Psychosocial Rehabilitation Specialist at Summit Counseling Services, Logan, UT, Aug 2009 to Aug 2010. Taught psychosocial skills and implemented community reintegration plans for children with psychological diagnosis in southern Idaho, and provided individual, family, and couple therapy in a private practice setting.

Line Staff and Mentor at Discovery Academy Therapeutic Boarding School, Provo, UT, Summer 2006. Supervised at-risk youth between the ages of 12 to 18. Mentored troubled teens during school hours and recreational activities.

PERSONAL DETAILS

Skills/training

EMDR trained 2019, **Competent Communicator** for ToastMasters 2017, **Level 1 CrossFit Instructor** Nov 2015, **LMFT** licensure, **DBT Certified 2 Week insensitive** 2013, **Member of the 52 Club** read 58 books in one year 2014, and **Certified Sexual Assault Counselor** for the state of Utah, 2005.

Honors/positions

Award Winning Speaker, 1st Club, 1st Region, 1st Division, & 3rd District 15 ToastMasters 2017
President of Delta Kappa, Alpha Chapter, May 2008 – May 2009
Outstanding Student in Applied Psychology at Southern Utah University, April 2007
Eagle Scout since 1996.